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HOW DO I USE THE STEP-BY-STEP PLAN?

Great that you've decided to go to St Rumbold's Tower. In collaboration with Visit Mechelen, Tourism for Autism has designed a step-by-step plan to prepare for this activity.

Below you can read how to use this step-by-step plan.



This step-by-step plan contains lots of information.

Not all of this information is important to everyone.

For example, you have several options for going to St Rumbold's Tower.

You can go by car, by train, by bike, on foot...



You can choose the pages that apply to you.

Choose which pages to print out in the next phase.



You can write this on a sheet of paper so you don't forget anything while printing.



Then print the pages you selected in the previous step.

And print out the practical arrangements if you want to use them.



Once you have printed out the step-by-step plan, keep it in a folder.

This way, the pages won't get mixed up.

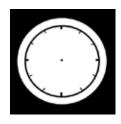
You can choose for yourself whether to do this.



You also have to fill in some sentences yourself in the step-by-step plan. For example, write on the dotted line at the beginning when you are going to St Rumbold's Tower and who will accompany you.

So, you can read the entire step-by-step plan and fill in all the info on the dotted lines.

HOW DO I USE THE STEP-BY-STEP PLAN?



You will also see two clocks at the start of the step-by-step plan. Read what it says underneath and draw that hour on the clock.



Now you can really start preparing for this trip.

Choose a quiet moment so that you are not in a hurry to read the step-by-step plan. Read the step-by-step plan at the latest the evening before you leave. Do this at least once. If you want, you can read the step-by-step plan earlier. You can also read the step-by-step plan more than once.

Everything depends on your needs.



If this step-by-step plan is for young children, read it together with them the first time. That way you can ensure the child understands everything and can ask questions.



If you want, you can take this step-by-step plan with you to St Rumbold's Tower. This is not necessary for the visit to be a success.



So now you're all set to go on a journey.

Tourism for Autism and Visit Mechelen hope you have a lot of fun!

If you have any feedback about your trip or the step-by-step plan afterwards, please send us an email at contact@toerismevoorautisme.be

WHAT AM I GOING TO DO AND WHEN?

Soon I'm going to St Rumbold's Tower. This is a belfry tower in Mechelen. The city bells are hanging here and I'll get a nice view of the city. Many people like to visit St Rumbold's Tower. This bundle explains what I will do and see in St Rumbold's Tower. I read through this bundle well in advance. That way I will be well prepared.

INFORMATION

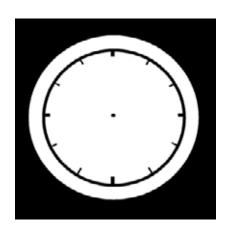


St Rumbold's Tower is located in the city of Mechelen.

St Rumbold's Tower is indicated on the map with the red marker.

WHAT AM I GOING TO DO AND WHEN?

INFORMATION



BOOK TICKETS ONLINE



I can book my visit in advance via the Visit
Mechelen website. This can be done via this link:
https://visitmechelen.recreatex.be/Exhibitions/Overview
I follow the steps on the website.

I book my ticket on a day and time of my choice.

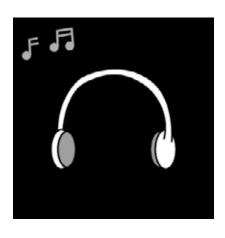
I receive a confirmation email.

I print this email or take it with me on my mobile phone.

I take this email to St Rumbold's Tower.

I can also buy an entrance ticket at the desk in St Rumbold's Tower on the day of my visit.

NOISE



If I want, I can take a pair of headphones to St Rumbold's Tower.

In St Rumbold's Tower, I can hear the sound of the bells. Headphones may help if this disturbs me.

I can also get earplugs at the desk in St Rumbold's Tower.



I'M GOING BY TRAIN

I'M GOING BY BUS

I'M GOING BY CAR

I'M GOING BY BIKE

I'M WALKING

I'M GOING BY TRAIN



I'm going by train to St Rumbold's Tower.

I can find my train journey on this website:

www.belgiantrain.be/en

I get off at the station in

I may have to change trains one or more times during my .

journey.

I change train at the station in or at

stations in

I may not have to change trains during my journey.

Then I sit in this train until I get to the stop for my destination.

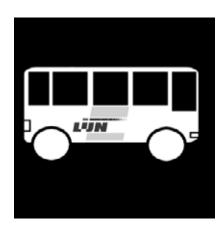
I get off at Mechelen-Nekkerspoel station or Mechelen station.



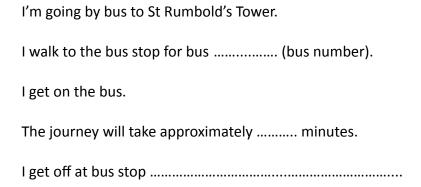
I walk from the station to St Rumbold's Tower. It's about a 15-minute walk from both stations.



I'M GOING BY BUS







When I get off the bus, I have to walk a little further to the entrance of St Rumbold's Tower.



I'M GOING BY CAR



I'm going by car to St Rumbold's Tower.

When we are in Mechelen, we look for a parking space for the car.

The nearest paying car parks are:

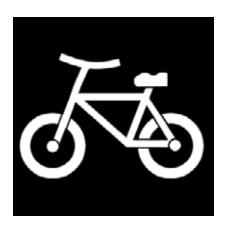
- Parking Indigo Mechelen Cathedral
- Parking Indigo Mechelen Grote Markt



When the car is parked, I still have to walk to the entrance of St Rumbold's Tower.



I'M GOING BY BIKE



I'm going by bike to St Rumbold's Tower.



I arrive at St Rumbold's Tower.

I park my bike to one side and lock it.



I walk to the entrance of St Rumbold's Tower.

I'M WALKING



I'm walking to St Rumbold's Tower.





I ARRIVE AT ST RUMBOLD'S TOWER

I ARRIVE AT ST RUMBOLD'S TOWER

ARRIVAL



I arrive at St Rumbold's Tower.
I easily recognize St Rumbold's Tower.
It is the tall tower of St Rumbold's Cathedral.



I head to the entrance of St Rumbold's Tower and go inside.



I'm in the entrance hall.



If I want, I can look inside St Rumbold's Cathedral free of charge.

I only have to pay for the visit to the tower.

I ARRIVE AT ST RUMBOLD'S TOWER

ARRIVAL

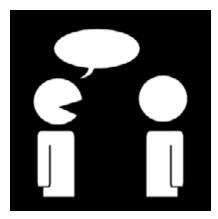


I go to the ticket counter in St Rumbold's Tower.



Sometimes there may be others queuing at the counter. I do my best to wait patiently.

If no one is queuing, I can go straight to the counter.



It's my turn.

I show the email I received.

I can print this email or display it on my smartphone.

The member of staff will check my ticket.

My ticket is okay.

OR

I buy a ticket at the counter.



I get an entrance ticket and a visitor's guide. The visitor's guide contains a floorplan of the tower and more information about the different rooms.

I ARRIVE AT ST RUMBOLD'S TOWER

ARRIVAL



If I want, I can ask for earplugs at the counter.



If I have an entrance ticket with a QR code, I go to the right. I go through the door on the right.



If I want, I can store my things in the lockers.

To do this I need a 1 euro coin.

At the end of my visit, I can take my things out again.

I will also get the coin back at the end of the visit.

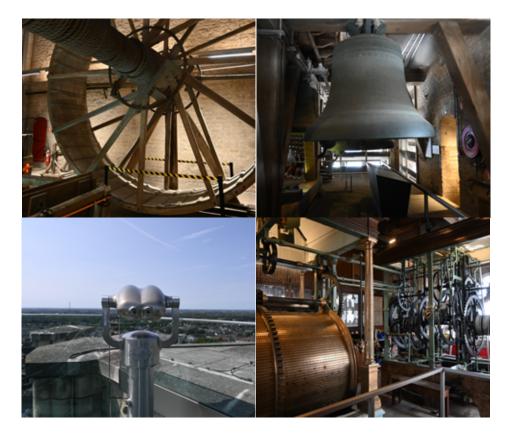


I scan my entrance ticket under the scanner.
The glass door opens.
I walk through.
My visit begins.



MY VISIT TO ST RUMBOLD'S TOWER

I AM VISITING ST RUMBOLD'S TOWER



There is a lot to see and do in St Rumbold's Tower.



Sometimes the carillonneur is playing live in the 'New Carillon Room'.
But not always.



This is the floorplan of St Rumbold's Tower.

I can find the floorplan on the wall in every room.

The white box shows where I am at that moment.

I AM VISITING ST RUMBOLD'S TOWER



There are 8 floors in St Rumbold's Tower.

There is an entrance and an exit on each floor.

In St Rumbold's Tower, I follow a set route indicated by the arrows.



When I come to a room, I can identify it by an info board.

I can take a look around every room.

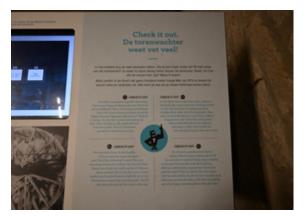


There are info boards in these rooms.

On the info boards I can read more information about St Rumbold's Tower.

The information is available in several languages. I will look for the text in English.

If I want, I can ask my companions to read the text aloud.



Sometimes there are two different types of information: for adults and for children.

The information for children is always in a different colour.

I AM VISITING ST RUMBOLD'S TOWER



Some rooms also have a touchscreen.

I can press on this to find out more about the room.



When I've finished in a room, I continue upstairs via the correct exit.



Sometimes I have to go through a door. I push the door open.

On the back of the door there is a no entry sign.

This means I have to continue the visit via a different route.



There are lots of steps in St Rumbold's Tower.

So if I want to see everything, I will have to climb a lot of stairs. It's best therefore if I wear shoes that are comfortable

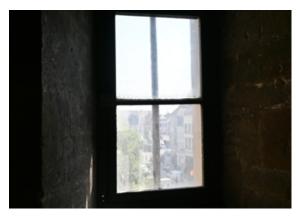
to walk in.

I AM VISITING ST RUMBOLD'S TOWER



There are 538 steps in total.

Sometimes I will see how many steps I have climbed on the wall next to the staircase.



Sometimes there are large windows in the wall of the tower. I can look through them.

Then I can see what's happening on the other side.



On the 4th floor I can choose between 2 routes:

- I can take the route up a wooden staircase via the bells.
- I can take the route up the stone steps as for the rest of the route. Then I will not see the bells.



On the 7th floor is the Ash Cellar.

Here there are several screens that allow me to see a Burgundian play from 1516 using AR (Augmented Reality). You will see market stallholders at work, hear bystanders cheering someone on, and see how Hieronymus van Busleyden, an eminent figure, attracts attention with his fancy clothes.

I AM VISITING ST RUMBOLD'S TOWER



I can go and stand by a screen and touch it to start it.



I put on the headphones that are hanging next to the screen. A second person can listen along with me on the screen via a headphone.



I choose the language in which I want to hear the explanation.

On the screen I can see a timer.



I see an animated view of the city of Mechelen in the year 1516.

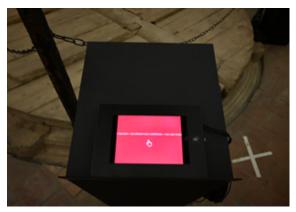
I hear a voice telling me all about what I am seeing. I can move the screen to see other things.

I AM VISITING ST RUMBOLD'S TOWER



Sometimes a smaller screen appears in the top right.

If I press on it, I can zoom in on a scene that the narrator is talking about.



When I've finished, I put the screen and headphones back in their place.

I continue to the 8th floor.



The Skywalk is on the 8th floor.

There I can look over or through the glass walls. Then I get a beautiful view of the city.



On the glass there is a large N, O, Z or W (N,E,S,W).

Those letters indicate the points of the compass.

I can look north, east, south or west.

I AM VISITING ST RUMBOLD'S TOWER



On the roof of St Rumbold's Tower there are two virtual reality viewers.

I can use them to learn more about the various Burgundian palaces, city oases and monuments that I can see from the roof of St Rumbold's Tower.

I don't need to pay extra to use these.



When I have finished on the Skywalk, I'll go back downstairs. I follow the arrows downstairs.



St Rumbold's Tower is a belfry with bells. That also means that the bells are sometimes rung. Every 7 and a half minutes the bells ring.

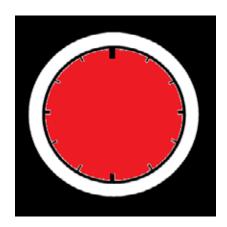
It's loud.



If it's too loud, I can take a pair of headphones with me and put them on.

I can also ask for earplugs at the counter on the ground floor.

I AM VISITING ST RUMBOLD'S TOWER



The entire route takes about 1 hour.



There is no toilet in St Rumbold's Tower.

If I do have to go to the toilet, I can go to the town hall or the tourism department.

They are both near to St Rumbold's Tower.



END OF MY VISIT



The visit to St Rumbold's Tower is completed.

I walk all the way down to the bottom.



The door at the end opens automatically.



If I don't want to keep the visitor's guide, I can leave it behind in the box at the end of the visit.



If I have left my things in the lockers, I can now go and take them out. I must also remember to retrieve my 1 euro coin.





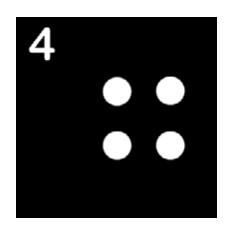
I go outside.



AUTISM FRIENDLY ACTIVITIES IN MECHELEN

AUTISM FRIENDLY ACTIVITIES IN MECHELEN

AUTISM FRIENDLY ACTIVITIES



In Mechelen there are other activities that I can do with a step-by-step plan from Tourism for Autism. These activities are listed below.

The step-by-step plans for these activities can be downloaded from the website www.toerismevoorautisme.be.



I can do the 'If walls could talk' listening walk. This walk starts at Visit Mechelen.

Visit Mechelen is about 5 minutes' walk from St Rumbold's Tower.



I can go to De Nekker.

De Nekker is about 10 minutes' drive from St Rumbold's Tower (available only in Dutch).



I can go to Technopolis.

Technopolis is about 15 minutes' drive from St Rumbold's Tower (available only in Dutch).

AUTISM FRIENDLY ACTIVITIES IN MECHELEN

AUTISM FRIENDLY ACTIVITIES



I can go to ZOO Planckendael.
ZOO Planckendael is about 20 minutes' drive from St Rumbold's Tower (available only in Dutch).



I'M GOING BY TRAIN

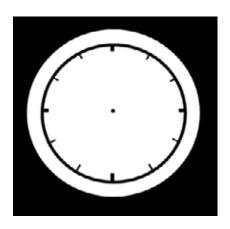
I'M GOING BY BUS

I'M GOING BY CAR

I'M GOING BY BIKE

I'M WALKING

THE RETURN JOURNEY



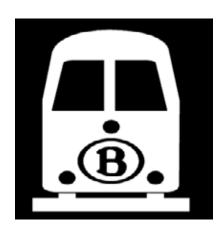
It will take me approximately

to get to the next destination.

I may get there earlier and I may get there later.

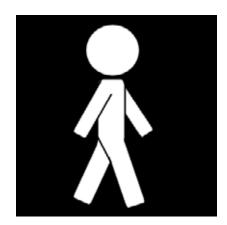
And that's okay.

I'M GOING BY TRAIN

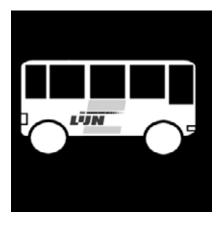


I walk to Mechelen-Nekkerspoel station or Mechelen station.
It's about a 15-minute walk to both stations.
I'm going by train to my next destination.
I may have to change trains one or more times during my
journey.
I change at the station in or at
stations in
I may not have to change trains during my journey.
Then I sit in this train until I get to the stop for my
destination.
I get out at the station in

I'M GOING BY BUS

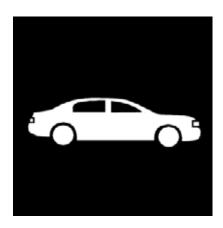


I walk from St Rumbold's Tower to the bus stop for bus
number
It is about minutes' walk.



I get on the bus.
I ride on the bus to (destination)
The journey will take approximately minutes.
I get off at bus stop

I'M GOING BY CAR



I'm going by car to (destination).

I'M GOING BY BIKE



I go to my bike.	
I unlock my bike.	
I cycle to	(destination).

I'M WALKING



I walk to...... (destination).

This is the end of my bundle.

This is what my day out will look like.

Some things may change.

And that's okay.

If things change, my companions will indicate this on this plan.

That way, we can make it a day to remember.

If you have any feedback about your day out or the step-by-step plan afterwards, please send an email to <u>contact @toerismevoorautisme.be</u>